

Operational Schedule

- Early Childhood Class Visits - Sept 2nd
- Early Childhood First Day of School - Sept. 3-2020
 - Staggered Drop Off - 8:35am & 8:45am. Pick Up-3:25 & 3:35pm
- K-8th First Day of Virtual School -Monday, Sept 14-2020
- **Child Care Ages 6-12 Starts – Monday, Sept, 14th**
 - Staggered Drop Off 8:35 & 8:45am
 - Staggered Pick Up 3:25 & 3:35pm
- Last day of school, Wednesday, June 9th, 2021
- Early Childhood Program 8:35am-3:35pm
- Early Care & Late Care 8am-4:30pm
- Friday Dismissal 2:15 pm for the whole school year

Contact the Office

503-245-5568
info@maayanpdx.org



Dear Parents,

The health of everyone at Maayan is of paramount importance and requires updated health and safety procedures. It will take us all time to get used to our new procedures, to minimize the spread of Covid-19. New health procedures will be taught in fun ways, keeping the stress low and positivity high!

We hope this outline helps you navigate the changes. For more detailed health and safety procedures, please see our [Health and Safety plan](#). It was developed with the guidance of OHA, OCC, ODE, Maayan's Health Committee, and other medical experts. For standard school information, please see our [2019-2020 Parent Handbook](#).

We are going to make this year about what is important, nurturing our kids and educating them. We are going to show them the joy and faith the Torah gives us. Hashem strengthens us in all situations!

Helpful Suggestions

- Find a rapid testing site now incase someone in your family is sick. It may save you time later and make a quicker return to school.
- Have your kids practice wearing a mask for longer time periods now, so they can adjust before school starts

Carpool Procedures

Drop Off

- Carpool will be in staggered shifts 8:35am & 8:45am
- All Adults must wear masks at carpool
- Parents will need to stay close to their vehicles at carpool
- Carpool staff will ask parents health screening questions, take student temperatures, & visually screen students for illness before parents leave carpool
- Carpool staff will walk students to an assigned building entrance (elementary ages- gym, Preschool - designated doors)
- Students will walk straight to their classrooms under adult supervision.
- All staff and students will wash hands/sanitize upon arrival to classroom

Pick Up

- Staggered Pick up is at 3:25pm and 3:35pm
- Elementary age students will stay in their classrooms until dismissed by their teachers. They will exit out through the gym door. Preschool will dismiss from their designated exits.

Alternative pick up/drop off times

- If students need to be picked up/dropped off outside of carpool times, parents will call the school office from the parking lot upon arrival.
- Office staff will sign everyone in/out, health screen children and walk students to their cars/classrooms.
- Parents will be encouraged to limit their entry into the building and go through health screening upon sign in.

Visitors to the Building

- To minimize exposure to outside contagion, we are highly discouraging and limiting most visitors to the building

Daily Screening Questions at Carpool, for staff, parents, or any visitors

1. Have you, your child, or anyone in your household been exposed to a person with a positive case of COVID-19 in the past 14 days?
2. Have you, your child, or anyone in your household been exposed to a person with a presumptive case of COVID-19 in the past 14 days?
3. Are you, your child, or anyone in your household experiencing unusual cough, shortness of breath, or fever? "Unusual cough" means something not normal for this person (e.g., allergies, asthma).
4. Does your child have symptoms of diarrhea, vomiting, headache, sore throat, or rash?

Masks/Facial Coverings

- Masks are required for all staff and students starting in the Kindergarten age classroom, ~ age 5
- Parents should send an extra mask with their child every day, in case one is soiled or uncomfortable.
- Masks should be washed regularly.
- Mask Breaks - occur every 15-20 minutes only when students are 6 feet apart sitting at their desks for a few minutes
- A child may ask for a mask break at any time but must remain seated at their desk 6 feet away from anyone else
- Masks may be removed during outdoor activities if 6 feet is maintained between people
- Masks will be removed for eating periods. Masks may only be removed once individuals have washed their hands, and are seated at their personal desk, with 6 feet of distancing from others

Dress Code

- **Early Childhood Dress Code** - Tipot, Geshem, and Mayim are advised to wear washable play clothes with closed shoes for safe play.
- **Elementary Ages** - Seeing that we have shifted to a day care in our elementary ages, we will not be requiring uniforms until school reopens in Oregon.
- Clothes should have appropriate logos / writing.

- **Boys** — Starting in our Kindergarten age classroom, boys are required to wear Kippot. Tzitzit should be worn starting around age 7. Boys ages 5-6, may wear or bring Tzitzit to keep at school for Tefilla each day. **Boys should wear long pants and shirtsleeves.**
- **Girls** – Starting in our Kindergarten age classroom, girls are required to wear skirts that cover the knee while sitting. **Girls 6th grade and up** are required to wear shirtsleeves that reach the elbow.

Snacks & Lunches

- Each day your child will need a water bottle, 2 snacks and a lunch. Use an insulated lunch bag with a “coolpak,” if you are sending perishable food items. **WATER FOUNTAINS WILL ONLY BE USED FOR REFILLING WATER BOTTLES/ CONTAINERS.**
- We request only dairy or parve kosher food be packed in your child’s lunch. 1-2 servings of dairy foods (or equivalent substitute), should be included in your preschool age child’s lunch. It is a necessary nutritional source for healthy child development, and is required by the state.
- Please discuss with your child that **sharing food from his/ her snack or lunch is not permitted.** We do not permit candy or soda be brought to school. Only “ready to eat” food should be sent to school.
- **Birthdays** - If you would like to send something to school for your child’s class to celebrate their birthday, please contact the teacher. For health and safety precautions, outside visitors will not be able to attend birthdays in class.
- Bringing Snack for the Class: This year, we will be limiting communal snacks. Only unopened food packages bearing a reliable kosher symbol may be brought by parents to school. If you have any questions about certain kosher symbols, please contact the office for assistance. No food should be prepared or baked at home for class distribution.
- **Food preparation at school will be postponed until further notice.**

Outdoor Play

- It has been recommended to be outdoors as much as possible, so please send your child with closed toe shoes and a coat to enjoy the outdoors.
- One student cohort per designated outdoor play area
- Each class should use their designated classroom assigned equipment

Illness Prevention

- Students will remain only with their own stable cohort
- Strict adherence to sanitizing and disinfecting guidelines by OHA will be followed
- Daily custodial staff will be on campus
- Students will use individualized supplies as much as possible or sanitized between student usage
- Reference Maayan’s Health and Safety Plan for more details

Stable Student Cohorts

- Students will be grouped by stable cohort groups
- Cohorts will not be mixing with other cohorts

- Our elementary childcare classes will be grouped by names Darom (5-7/K &1st), Tzafon (5-7/ K &1st), Mizrach (7-9/2nd & 3rd), & Maarav (9-11 4th/5th). (We will all know our Hebrew directions by the end of this year!)
- Maayan Torah Club for Middle Schoolers will mainly be off campus with virtual instruction for Yachad Boys and Yachad Girls (more info to follow)

Illness and Return to School

- **No staff or students should come to school if they or anyone in their family have primary symptoms of Covid-19**
- If a staff member or student shows symptoms of Covid-19:
- They will be immediately isolated from others on campus until they can go home, as soon as possible
- Individual must stay home for 10 days after onset of illness of primary symptoms of COVID-19 such as fever, unusual cough, shortness of breath. This time can be shortened with a negative COVID test result or other medical diagnosis by a medical professional. Please see [OHA Exclusion Guide](#) (pg 19) for more information.
- Before returning to school, family must contact a medical professional and call the school to assess reentry to school
- Symptoms include:
 - Primary symptoms of concern: cough, fever of greater than 100.4°F or chills, shortness of breath, or difficulty breathing. Note that muscle pain, headache, sore throat, new loss of taste or smell, diarrhea, nausea, vomiting, nasal congestion, and runny nose are also symptoms often associated with COVID19. More information about COVID-19 symptoms is available from CDC.
 - In addition to COVID-19 symptoms, students will be excluded from school for signs of other infectious diseases, per existing school policy and protocols. See pages 9-12 of OHA/ODE Communicable Disease Guidance.
- The school will follow LPHA advice on restricting from school any student or staff known to have been exposed (e.g., by a household member) to COVID-19 within the preceding 14 calendar days. Exposed is defined as being within 6 feet for more than 15 minutes.
- Any staff or student exposed (within 6 feet for more than 15 minutes cumulatively across the day) to someone with a Covid-19 positive test will be quarantined from school for 14 days.
- Staff or students with a chronic or baseline cough that has worsened or is not well-controlled with medication will be excluded from school unless it is due to asthma or allergies

Parent and Staff Pledge

- Parents and Staff are required to commit to community health standards
- Please be mindful of where you travel, and if you will need to quarantine upon your return

School and Home - Nurturing Hearts Together!

- Yes, this year is different than others, but we can still nurture hearts together. Nachat notes from school and Mitzvah notes from home are a way for us to continue building positive feelings in the hearts of our kids.
- **Social/Emotional Support:** Each week will start and end with "social circles" with the intent of listening to student experiences, relationship building activities, and building community
- Students should be encouraged to follow health procedures but never punished or excluded from learning. Students should be taught the procedures and have the practiced.

Please reach out to us with any questions. We are happy to be of assistance!

